



Paparore School Newsletter

'Proud & Passionate Leaders of Learning in the Heart of the Community'

[Inā te tūkaha, te tū maia o ngā kaiarataki mātauranga kei waenganui, kei te manawa o te iwi kainga']

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Tuesday 14th March 2017

No. 07/17

Tena koutou e nga matua, e nga hoa o te kura

1. Triathlon Training

Unfortunately we couldn't have our training last weekend because of the nasty weather. So, here are the dates for the remaining trainings and what to expect:

- Saturday the 18th Of March- 9.30am, Lake Ngatu, the bike session (Bring your bike and helmet)
- Saturday the 25th of March 9.30am - Full Triathlon training and Whakawhanaungatanga. Bring togs, bike and running shoes. Please on all training days I will need some awahi to ensure that safety is followed.

Please bring your water bottles, sunscreen and your smiley faces. See you all there whanau.

If you have any questions please call or text Louisa Cooper on 021 194 1779.

2. Maori Phrase of the Week'

ua: rain

'E ua ana ki waho.'

[It's *raining* outside.]

'Titiro ai au ki te ua.'

[I watch the *rain*.]

'E whakamākūtia ana ngā kākahu e te ua.'

[The clothes are being drenched by the *rain*.]

3. Project Energize



DRINKING WATER

Many children aren't consuming enough liquids - especially water - and that lack of hydration could affect their physical and mental health.

Even though for most of youngsters this is not an immediate, dramatic health threat, lack of hydration is an issue that could be reducing their quality of life and well-being. Children can be more susceptible to dehydration than adults. That can lead to physiological problems such as neurological issues, increased demands on their kidneys and heat stroke.

Lack of water is a significant issue for children.

Proper hydration is crucial for physical processes such as circulation, metabolism, temperature regulation and waste removal. Excessive dehydration can cause serious problems but even mild dehydration can cause headaches, irritability, poor circulation, reduced physical performance and poorer mental functioning.

However, the good news is that this is a problem with a simple solution. By helping children drink more plain water - a low-cost, no-calorie beverage - we can improve their hydration, which may allow many children to feel better throughout the day and do better in school. By increasing water intake by even 1 cup a day, hydration is improved.

Don't rely on a child's thirst. Thirst is not always a good indicator of hydration. Children need to have access to water throughout the day.

4. 100 Reading/Writing Clubs

Following are our fantastic readers and writers who have earned rewards for the week:

25 Nights Reading: Izabella A, Keira-Sky, Corbyn, Dylan, Millan, Kaydee, Peyton, Cleo, Harry, Kiarn, Bobby F, Phillip, Jayden, Kayden R, Jordan W

Duffy Books proudly sponsored by
'The Hefford Family Trust'

5. Soccer

Anyone wishing to play soccer this season is to fill in the return slip and return tomorrow. We are on a very tight timeframe so it's important that I find out who is interested in playing in the next day or two. We will also need new parents to look after our teams this year. Please let us know if you are able to help. If we can't find anyone we may not be able to field teams this season. The first soccer fun day is this Saturday at Ahipara starting at 9.30am. Organisers want to find out over the next few weeks the numbers of players and what age group grades to run. ALL those wanting to play this season regardless of whether it's for Paparore School or not need to attend.

6. School Lunches

Lunch orders this week will be on Wednesday! [Sausages: \$2, Juicies: \$1].



7. Zone Swimming

This Friday we have 17 of our Year 4-6 students travelling to the Kaitia Pools to participate in the Zone Swimming event. They will be participating against students from Awanui, Aniwanui, Oturu, Abundant Life, Pompallier and Pukemiro. It starts at 10am. We encourage all our parents come and support our teams.

8. Ripper Rugby

We have four Year 5&6 teams entered in the Ripper Rugby Field Day which will be held this Thursday 16th March at Arnold Rae Park. We encourage all our whanau to come along and support the students. The day kicks off at 10am and finishes at 2pm.

9. Life Education Caravan

Next Monday 20th March to Wednesday 22nd March, we have our annual visit from the Life Education Trust Caravan. This is one of many mobile classrooms which travel around every school in NZ to deliver health related units to students. The students always look forward to seeing Harold the Giraffe, the Trust's mascot.

11. Top Athletics Students

1st Damon [10 736 points], 2nd Daithi, 3rd Khalia, 4th Nevaeh, 5th Kees, 6th Oscar, 7th Lyrik P, 8th Cody C, 9th Carlos 10th Tahuna. Top in Class: Te Kauru - Daithi, Te Puawai - Khalia, Te Manga - Bailey, Te Tinana - Damon, Te Putake - Bobby, Te Pihi - Tyson, Te Kakano - Cody. The top class is Te Kauru.

12. St. Patricks Day

This Friday 17th March is St Patricks Day. We are inviting all the students to join in the spirit, creating a sea of green by dressing up for the occasion!!

13. Oral Language - 'Lend Me Your Ears'

Oral language is an extremely important aspect of a child's ability to communicate effectively.

Language begins with the ear. From the moment we are born, there is a strong connection between hearing language and producing language. We can readily observe the connection between hearing and speaking in a child's language development.

A new-born baby is wonderfully attuned to his or her mother's voice. In experimental studies, day-old babies were presented with three different voices: the mother's normal speaking voice; the mother's voice on a monotone; and the voice of a stranger. Each baby responded only to its mother's normal speaking voice.

Babies who are only a few days old will turn their heads towards sounds, and at two weeks they prefer human voices to non-human sounds.

Between two and four months of age, babies respond to different tones of voice - cross, cheerful, playful, soothing - and by about six months understand a few words, such as the names of family members. By twelve months, they understand a considerable number of words and, around that time, begin to produce words for themselves. Hearing people talking is extremely important for any baby's speech development. A child who has normal hearing develops the sounds of speech from interaction with people close to him or her and, by doing this, lays the foundations for other oral skills, such as turn-taking in conversation.

14. Duffy 'Caught Being Good'

The 'Caught Being Good' awards this week go to Payton L from Te Putake and Madison from Te Pihi.

WELL DONE PAYTON & MADISON!

15. Duffy 'Pupil of the Week'

The prestigious award this week goes to Zana from Te Kakano. She has had a great week, working extremely well! **WELL DONE ZANA!** ☺

Last weeks 'Values' Students:

Detroit, Tyson, Karanui, Amberjane, Bailey Jayden, Lexie



ZANA



PAYTON & MADISON

John, Deb, Blake, Edwina, Missy, Venessa, Shanley, Donna, Robyn, Anne & June

Board of Trustee Contact Numbers:	Diane ~ 4083050	John ~ 027 6327279 [mobile]	Deb ~ 4067360
Krystal-Rose ~ 027 4500370	Candace ~ 021 1153533	Eileen ~ 021 0687168	Louisa ~ 021 194 1779

I would like to go into the weekly prize draw

No. 07/17

CHILD'S NAME: _____ PARENTS SIGNATURE: _____

I AM / AM NOT AVAILABLE TO PLAY SATURDAY SOCCER FOR: U6 U8 U10

VALUE FOR THIS WEEK: 'REREKETANGA' - Diversity